



Shree Guru Gobind Singh Ji Govt. College Paonta Sahib Distt. Sirmour

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Poshan Maah Report

5th edition of Rashtriya Poshan Maah was being celebrated in the month of September 2022 in the SGGSJ Govt. Degree College Paonta Sahib.

Activities undertaken by NSS unit of the college during Poshan Maah are as follows.

16/09/2022	Rashtriya Poshan Maah was inaugurated in the college and volunteers were made aware about 5 nd Rashtriya Poshan Maah and its focus on “ Mahila aur Swasthya ” and “ Bacha aur Shiksha ” by the Programme Officer Nandini Kanwar. Volunteers took the poshan pledge and agreed to spread the message of right nutrition and balanced diet in the college Campus and in their neighbourhood.
23/09/2022	Nukkad Natak with the theme “Sahi poshan Desh Roshan” was performed by the volunteers in the college campus in order to spread the message of why right nutrition is essential for physical and mental growth of the body.



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